

Conditions of Entry

1. A registration fee of £250 (non-refundable) is required to participate in the ManCCCf Mont Blanc Summit Challenge. In addition you must raise a minimum of £3600.00 in sponsorship money and donations for ManCCCf which must be sent to the organisers, ManCCCf by the 30th April 2010. Of the monies raised approximately £2500 will be used to cover your tour costs including, accommodation, food, transfers, guides and back-up support.
2. If you are unable to raise the minimum sponsorship required you will forfeit your right to a place on the event or you may choose to make up the balance yourself.
3. If you do not take up your place for any reason, you must inform ManCCCf immediately. You must contact all your sponsors to ask if they wish to make a donation or have their sponsorship money returned. You must send all sponsorship forms and sponsorship money collected to ManCCCf.
4. You must be at least 18 years of age before 1st July 2010.
5. You must be covered by full travel insurance for health, accident, loss and repatriation during the event. You will need to provide proof of insurance 8 weeks before the challenge or your place may be forfeit.

ManCCCf
P O Box 304
Manchester
M12 0AS

For more information or application form please contact Rachael on events@ManCCCf.org

Alternatively, you can download the application form from our website www.mancccf.org and send to:

ManCCCf
P O Box 304
Manchester
M12 0AS

All those who take part in the Mont Blanc Summit Challenge do so at their own risk. The charity has arranged transport, accommodation, food, guides etc. with Tall Stories, a company which specialises in events of this nature and is fully bonded by the Civil Aviation Authority ATOL No. 2336 - ABTA No. F627X.

In making these arrangements the charity and Tall Stories are acting as your agents and are unable to accept liability for any loss or damage, however arising, or for cancellation of the event for any reasons outside their control.



www.ManCCCf.org

Registered Charity Number: 1125623



Manchester Children's Critical Care Fund

Mont Blanc Summit Challenge

3rd - 11th July 2010

Looking for a new challenge?
Join us for the trek of a lifetime with an attempt at the summit of Mont Blanc, the highest peak in Western Europe
And raise funds for ManCCCf at the same time



enquiries@ManCCCf.org

0845 496 6264

Event Information

This is a 9 day challenge including 3 days learning the necessary rope, ice-axe, crampon and mountaineering techniques in the capable hands of one of Chamonix's mountain rescue teams. This is followed by a two-day attempt on the summit of Mont Blanc by the Dome de Gouter Route.

Trip Outline

Day 1 - Meet the guides and sort equipment

Day 2 - Travel to Gressoney Valley, Italy for training

Day 3 - Trekking and altitude training

Day 4 - Trekking and altitude training

Day 5 - Free day

Day 6 - Start Mont Blanc ascent to Gouter Refuge

Day 7 - Mont Blanc summit and descent to valley

Day 8 - Extra day

Day 9 - Depart back to UK

Our Guides

Our team of guides are led by Jean Jacques Malineau. He has 12 years experience of working in the Chamonix high mountains, is certified as a high mountain guide and is a rescue instructor.

Equipment

Equipment hire including ice axe, crampons, ropes is included in the price. You will need to check kit list for other recommended items you need.



Manchester Children's Critical Care Fund



What is included:

- Accommodation in refuges
- Gite accommodation in Chamonix
- All dinners except on free days
- Packed lunches on climbing and training days
- Funicular and telepherique tickets for 1st attempt
- Airport transfers and other transport to start/finish of days
- Equipment hire (harnesses, helmets, climbing boots, ice axe, crampons)
- Guides - 1:4 ratio while training, 1:2 for ascent

What isn't included:

Flights to Geneva

Food on the free days except breakfast

Second summit attempt if needed

Personal insurance

www.ManCCCF.org

Registered Charity Number: 1125623

How much will it cost?

To take part you need to pay a registration fee of £250 which is non-refundable.

You need to pledge to raise at least £3600 for ManCCCF and pay it in by 30th April 2010.

What you will need:

A 10-year passport (expiry date must be 6 months later than the event finish)

To be fit - this is not a challenge to take lightly!

Warm and waterproof clothing - full kit list sent when you register

Training/Acclimatisation

This itinerary provides a couple of days at high altitudes, maximising your chances of reaching the summit. In preparation for this event you should enter an appropriate training programme concentrating on increasing your stamina and cardiovascular fitness.

How fit do you need to be?

You should have a high level of fitness that will allow you to trek for 6-7 hours each day for five days. The terrain is rough and often steep and the weather may be inclement. You will, of course, be at altitude!

ManCCCF
P O Box 304
Manchester
M12 0AS
enquiries@ManCCCF.org

0845 496 6264